
T H E

W I N S L O W

Programme Inclusions

The Winslow offers a 3-tiered programme, each providing essential clinical care for safe, personalised addiction treatment within a private and restorative environment. The following outlines what is included at each tier of our programme. Programme fees include 28 days of residential care and 12 weeks of intensive outpatient service.

16-Week Programme Investment

	Executive Tier	Signature Tier	Legacy Tier
Package Price (SGD, excl. GST)	\$28,000	\$45,000	\$60,000

Therapy Programme

	Executive Tier	Signature Tier	Legacy Tier
One-to-one counselling	●	●	●
Group therapy & workshops	●	●	●
Experiential therapy	●	●	●
Neurorehabilitation inc. TMS, EEG NF	●	●	●
Group experiential sessions	●	●	●
Group family support	●	●	●
Personalised family support			●

Medical Services

	Executive Tier	Signature Tier	Legacy Tier
Detailed psychiatric assessment	●	●	●
Comprehensive blood panel	●	●	●
Psychiatric consultation	●	●	●
24-Hour on-site nursing coverage	●	●	●
28-Day Optimal Health Programme			●
Pharmacological testing			●
Gut biome analysis & treatment plan			●

Please Note: To ensure safety throughout your stay, all medications are dispensed by The Winslow's on-site pharmacy, managed and administered by our registered nursing team, and charged separately. In accordance with Ministry of Health guidelines, client-supplied medications are not permitted.

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Hospitality

All residential stays include access to a range of wellness and recreational facilities, among them a fully-equipped gym, sauna, cold plunge, hot bath, pickleball and pétanque court, meditation space, hobby room, and landscaped garden. Thoughtful touches extend to the bedroom: a pillow menu and selection of sleeping aids support restorative sleep and circadian reset.

All meals are freshly prepared across a 28-day rotating menu, covering breakfast, lunch, and dinner, with snacks, coffee, tea, and a selection of beverages available throughout the day.

	Executive Tier	Signature Tier	Legacy Tier
Room type	Executive	Signature	Legacy Suite or Premier
Occupancy	Twin-occupancy with privacy screens	Private	Private
Room size	47 sq. metre	37 sq. metre	45-47 sq. metre
Bed type	Super single	Queen	Queen
Balcony	No	Yes	Suite: No Premier: Yes
Bathroom	Twin-share en-suite	Private en-suite	Private en-suite

Curated Additions

Curated enhancements to the core programme deepen the recovery experience whilst supporting individuals and families in building lasting foundations for health and stability.

	Executive Tier	Signature Tier	Legacy Tier
Group personal training sessions	●	●	●
Private experiential therapy session			●
Spa and personal care appointments			●
One-to-one personal training sessions			●
Off-site experiences	●	●	●
Airport or home transfers	●	●	●
Visa support	●	●	●
Dedicated concierge support			●

All packages cover the 16-week programme. Medications, specialist consultations outside of the included services, and consumables are charged separately. Stabilisation services are available at an additional day rate — please speak with our admissions team for further details.